

Thank you in advance for allowing our nurses into your home to provide additional education to assist you in managing your care.

Your health is important to us!

Thank you for choosing NMMC



Our mission is to exceed your expectations at every encounter. In fulfilling that mission, we strive to create an environment focused on the needs of the patient and family.

You may receive a questionnaire asking about your patient experience. Please honestly answer the questions and return the completed form.

We need to hear from you in order to improve our quality of care.

Thank you!

### Northern Maine Medical Center

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[www.nmmc.org](http://www.nmmc.org)



## Courtesy Home Visits

*A visit by a Registered Nurse in your home  
1-2 days after discharge from the hospital*



### Who qualifies for the services?

NMMC patients who are discharged to their home

### Does it cost anything?

It is NMMC's pleasure to provide this free service.

## What will the RN do for me?

- Review your home discharge orders given to you by your doctor.
- Review your medications with you and answer any questions you may have about how to take them.
- Assess your basic vital signs.
- Evaluate how you are feeling at home since you left the hospital.
- Assist with organizing your medications initially, until your home services are available, if applicable.
- Answer any questions or concerns you may have since returning home from the hospital.
- Relay any concerns to your doctor if needed.
- Make recommendations to improve home safety.
- Assist in coordinating follow up appointments as needed.
- Assure that you have the help and support you need once you get home.



## How can I get this service?

At the time of discharge from the hospital, your nurse will review your instructions with you. At that time, you will be offered a home visit.

To accept our invitation, you will need to sign a form allowing us to come to your home.

By signing this form, we will gather information to schedule the courtesy home visit for you.

You will receive a phone call the following day to set up a time for a nurse to visit you.



## What if I live outside of the Fort Kent area?

We will make a courtesy visit to any home to ensure the safety and wellness of our patients within our area of service.

Our home visit will not interfere with services you may already be receiving. NMMC provides this one visit to all patients regardless of the services you may have.



## Why is NMMC offering home visits?

The Northern Maine Medical Center Healthcare team is dedicated to our patients and we want to continue to exceed your expectations even after your discharge from the hospital. We want to assist you in understanding the things you are responsible for in managing your health and ensure you have a good understanding of the purpose for taking your medications and possible side effects. We want to continue to be here for you even after you are home.