## **JULY 2023**

**Activity Director: Chantal Haves** PH: 207-834-1859 Fax: 207-834-5538

**Debbie & Francine Activity Aides** 

JR-Driver

chantal.haves@nmmc.org

## SUNDAY

**MONDAY** 9AM COFFEE BREAK

1PM



10 9AM COFFEE BREAK 10:20AM EXERCISE 1PM



9AM COFFEE BREAK

**10:20 Morning Exercise** 

1PM Resident Council &

11 9AM COFFEE BREAK 10:20AM EXERCISE 1:00 JAZZ W/SETH

18

**Barbara-Activity Lead** 



**TUESDAY** 

FRIENDS & FAMILY DAY

9AM COFFEE BREAK

10:20AM EXERCISE

1:00 JAZZ W/SETH

25 9AM COFFEE BREAK

10:20AM EXERCISE

1:00 SIP & PAINT JAZZ

W/SETH

Paint

Paint

12 9AM COFFEE BREAK 10:20AM EXERCISE 1:00pm

WEDNESDAY

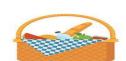
9AM COFFEE BREAK

10:20AM EXERCISE

1PM



19 9AM COFFEE BREAK 10:20AM EXERCISE



11-2 PIC NIC & MUSIC W/SUNSHINE BOYS



9AM COFFEE BREAK 10:20AM EXERCISE 9AM COFFEE BREAK

13



**Edna Deprey** 



**THURSDAY** 9AM COFFEE BREAK 10:20AM EXERCISE

1PM

1PM

9AM COFFEE BREAK

10:20AM EXERCISE

1PM

9AM COFFEE BREAK 10:20AM EXERCISE

**FRIDAY** 

2:00 CATHOLIC MASS HAPPY BIRTHDAY **JOEL THERIAULT** 



14 9AM COFFEE BREAK 9AM COFFEE BREAK 10:20AM EXERCISE 10:20AM EXERCISE



9AM COFFEE BREAK 22 10:20AM EXERCISE



1:00 Movie

29



23



24 9AM COFFEE BREAK 10:20AM EXERCISE 1PM BIRTHDAY CELEBRATION &



31 9AM COFFEE BREAK **10:20AM Morning Exercise** 1PM BINGO



EMPLOYEE OF THE MONTH **FELICIA LEWIS** 



10:20AM EXERCISE 1:00 PM



**Resident of the Month** 



28 9AM COFFEE BREAK 10:20AM EXERCISE



**ALL AFTERNOON ACTIVITES ARE NOW AT** 1:00 PM YOU ARE WELCOME TO JOIN US FOR ALL **ACTIVITIES, EXCEPT** "RESDIENT COUNCIL"

WHICH IS FOR

RESIDNETS ONLY

**ACTIVITIES MAY CHANGE WITHOUT** NOTICE. **ACTIVITY SCHEDULE CHANGES WILL BE** POSTED ON THE HALLWAY ACTIVITY **CALENDAR** 

