

Forest Hill
25 Bolduc Avenue
Fort Kent Me, 04743

JULY 2023

Barbara-Activity Lead

Debbie & Francine Activity Aides

JR-Driver

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2 SUNDAY 	3 MONDAY 9AM COFFEE BREAK 1PM 	4 TUESDAY FRIENDS & FAMILY DAY 	5 WEDNESDAY 9AM COFFEE BREAK 10:20AM EXERCISE 1PM 	6 THURSDAY 9AM COFFEE BREAK 10:20AM EXERCISE 1PM 	7 FRIDAY 9AM COFFEE BREAK 10:20AM EXERCISE 2:00 CATHOLIC MASS HAPPY BIRTHDAY JOEL THERIAULT	8 SATURDAY 1:00 Movie W/LISA 
9 	10 9AM COFFEE BREAK 10:20AM EXERCISE 1PM 	11 9AM COFFEE BREAK 10:20AM EXERCISE 1:00 JAZZ W/SETH 	12 9AM COFFEE BREAK 10:20AM EXERCISE 1:00pm 	13 9AM COFFEE BREAK 10:20AM EXERCISE 1PM 	14 9AM COFFEE BREAK 10:20AM EXERCISE 	15 
16 	17 9AM COFFEE BREAK 10:20 Morning Exercise 1PM Resident Council & 	18 9AM COFFEE BREAK 10:20AM EXERCISE 1:00 JAZZ W/SETH 	19 9AM COFFEE BREAK 10:20AM EXERCISE 11-2 PIC NIC & MUSIC W/ SUNSHINE BOYS 	20 9AM COFFEE BREAK 10:20AM EXERCISE 1PM 	21 9AM COFFEE BREAK 10:20AM EXERCISE 	22 1:00 Movie W/LISA 
23 	24 9AM COFFEE BREAK 10:20AM EXERCISE 1PM BIRTHDAY CELEBRATION & 	25 9AM COFFEE BREAK 10:20AM EXERCISE 1:00 SIP & PAINT JAZZ W/SETH 	26 9AM COFFEE BREAK 10:20AM EXERCISE 1:00 PM 	27 9AM COFFEE BREAK 10:20AM EXERCISE 	28 9AM COFFEE BREAK 10:20AM EXERCISE 	29 
30 	31 9AM COFFEE BREAK 10:20AM Morning Exercise 1PM BINGO 	EMPLOYEE OF THE MONTH FELICIA LEWIS 	Resident of the Month Edna Deprey 	 JOEL THERIAULT JULY 7TH	ALL AFTERNOON ACTIVITIES ARE NOW AT 1:00 PM YOU ARE WELCOME TO JOIN US FOR ALL ACTIVITIES, EXCEPT "RESIDENT COUNCIL" WHICH IS FOR RESIDENTS ONLY	ACTIVITIES MAY CHANGE WITHOUT NOTICE. ACTIVITY SCHEDULE CHANGES WILL BE POSTED ON THE HALLWAY ACTIVITY CALENDAR