

Forest Hill
25 Bolduc Avenue
Fort Kent Me, 04743





Barbara-Activity Lead

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May 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Cultivating Kindness Nursing Home Week May 14-20 	1 9:00 Coffee Break 10:20 Exercise 1:30 BINGO 5:30 Rosary  Happy MAY DAY	2 HAIR DAY 9:00 Coffee Break 10:20 Exercise 1:30 BINGO 5:30 Rosary	3 9:00 Coffee Break 10:20 Exercise 1:30 ARTS & Crafts 5:30 Rosary	4 9:00 Coffee Break 10:20 Exercise 1:30 BINGO 5:30 Rosary	5 9:00 Coffee Break 10:20 Group Exercise 1:00 Cinco De Mayo Outdoors Weather Permitting/Alternate location Day Room! 2:00 Mass Fr. LaBrie 5:30 Rosary	6 1:30 MOVIE with Lisa
7 FaceTime Family Visits	8 9:00 Coffee Break 10:20 Exercise 1:30 BINGO 5:30 Rosary	9 HAIR DAY 9:00 Coffee Break 10:15 Exercise 1:15 resident Council 1:30 Jeoprazy 5:30 Rosary	10 9:00 Coffee Break 10:20 Exercise 1:30 Music 5:30 Rosary	11 9:00 Coffee Break 10:15 Exercise 1:30 BINGO 5:30 Rosary	12 9:00 Coffee Break 10:20 Group Exercise 2:00 MASS With Father Alex 5:30 Rosary	13 1:30 BINGO w/ HILDA
14 Nursing Home Week! 	15 MAINE DAY! Lobster for Lunch! 9:00 Coffee Break 10:20 Exercise 1:30 Ploye Bar Today and Sunshine Boys 5:30 Rosary	16 SPORTs DAY wear your favorite teams colors! Hair Day 9:00 Coffee Break 10:20 Exercise 1:30 JAZZ Seth & Appetizer Bar! 5:30 Rosary	17 PIC NIC LUNCH Weather permitting 9AM Coffee Break 10:20 Exercise 1:30 BINGO! 5:30 Rosary	18 Pineapple Inspired MEALS & TREATS 9:00 Coffee Break 10:20 Exercise 1:30 LUAU BINGO & TIKI BAR! 5:30 Rosary	19 80'S Themed Day 9:00 Coffee Break 10:20 Exercise 1:00 Ice Cream Bar Outdoors weather permitting 2:00 MASS with Fr. LaBrie 5:30 Rosary	20 1:30 BINGO w/ HILDA
21 FaceTime Family Visits	22 9:00 Coffee Break 10:20 Exercise 1:30 BINGO 5:30 Rosary	23 HAIR DAY 9:00 Coffee Break 10:20 Exercise 1:30 Jazz w/Seth 5:30 Rosary	24 9:00 Coffee Break 10:20 Exercise 1:30 BINGO 5:30 Rosary	25 9:00 Coffee Break 10:20 Exercise 1:30 BINGO 5:30 Rosary	26 9:00 Coffee Break 10:20 Group Exercise 2:00 Mass with Fr. LaBrie 5:30 Rosary	27 1:30 Arts & Crafts w/Georgia
28 FaceTime Family Visits		30 HAIR DAY 9:00 Coffee Break 10:20 Exercise 1:30 Celebrate Birthdays and Jazz w/ Seth 5:30 Rosary	31 9:00 Coffee Break 10:20 Exercise 1:30 BINGO 5:30 Rosary	Claudette Audibert May 10 Gisele Vaillancourt May 25 Jeffrey Oakes May 29 Edna Deprey May 31 	