

TEST YOUR MEMORY AND BRAIN PERFORMANCE

in just a few
minutes.

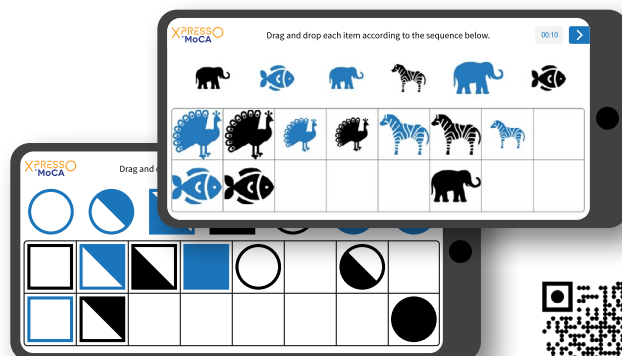
XPRESSO
BY **MoCA**[™]

mocaxpresso.com

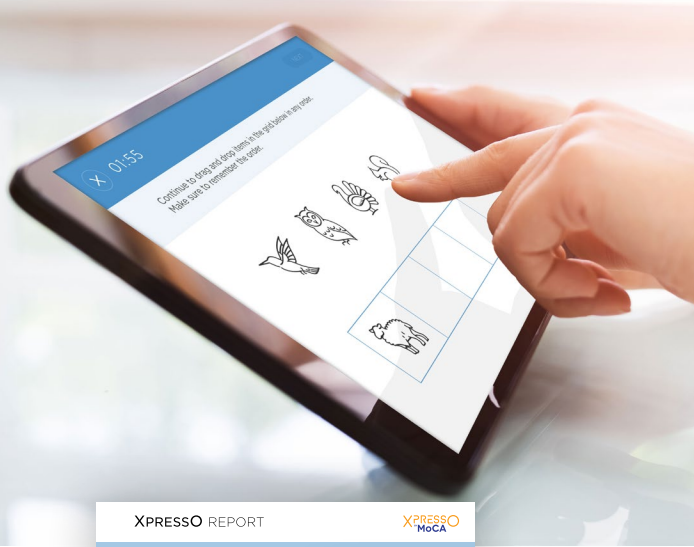
For peace of mind and guidance
XpressO is a simple-to-use app that quickly
tests memory and brain performance

conceived by neurologist, Dr. Ziad Nasreddine, creator of
the renowned “MoCA Test.”

The MoCA Test is a medical screening tool used by health professionals worldwide for early detection of mild cognitive impairment or MCI. The XpressO, on the other hand, was specifically designed to empower the general public to easily test themselves at home on their own device.



Scan the QR



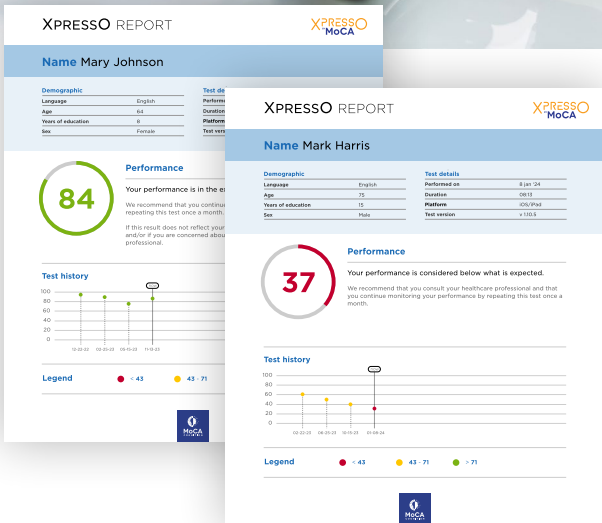
Concerned about yourself or a loved-one?

If you or someone close has been seeming a little forgetful or confused lately, an XpressO test can be a first step to address that concern.

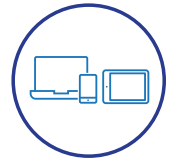
XpressO can be used in the privacy of your home and performed on any device. In just a few minutes, anyone can test their memory and thinking performance using XpressO's simple drag-and-drop tasks.

Once all XpressO tasks have been completed, a score based on speed and accuracy will appear in a simple report that demonstrates whether performance falls within the expected range.

The XpressO test and report can be helpful tools for an informed discussion with a healthcare provider.



Who Can Use It



Anyone with a smartphone, tablet, laptop, or desktop computer can use XpressO.

It was tested and demonstrated to be an easy-to-use and accurate self-test for adults—even for those aged 90 years or older.

XpressO was designed so that individuals can complete the test regardless of their level of education or comfort with technology.

How It Works

1. Scan the QR to easily sign up at www.mocaxpresso.com
2. Complete an XpressO test on the web-browser page, or download the XpressO by MoCA mobile app
3. Review your score on the XpressO report, once the test has been completed
4. If required, share the XpressO report with your healthcare provider to learn more about your cognitive performance and brain health.

Assess your own cognitive performance with XpressO by MoCA:



XpressO was created by the team at MoCA Cognition. The first XpressO validation study published was in 2024 pubmed.ncbi.nlm.nih.gov/38558263/



mocacognition.com



XPRESSO BY MoCA™

ARE YOU CONCERNED ABOUT YOUR MEMORY?

Test yourself in only a few minutes with the XpressO app for peace of mind and meaningful next steps



Test yourself here!

Speak to the receptionist or with a healthcare professional to complete the XpressO test



Test yourself at home!

Scan the QR code with your smartphone to download the app on your smartphone or tablet

OR

Complete the test on your web browser: www.mocaxpresso.com



Developed by the team behind the MoCA Test

www.mocacognition.com | www.mocaxpresso.com